



Washington



In need of help? Dial the numbers 211

to connect to a community **Information and Referral Specialist** who can help you find a number of services. Your call is free, live, and confidential. TTY and interpreter services available in 155+ languages.



BASIC NEEDS

- * rent & utility assistance
- * food pantries & SNAP
- * temporary shelter
- * transportation



HEALTH CARE

- * health clinics & screening services
- * counseling & addiction services
- * dental clinics & assistance
- * specialized treatment



FAMILY RESOURCES

- * volunteer opportunities
- * child care & children's services



SPECIALIZED NEEDS

- * disability support & advocacy
- * legal resources
- * employment



LANGUAGE SERVICES

- * trained bilingual I&R specialists
- * TTY & interpreter services for 155+ languages



TEXT

your zip code to
898211



DIAL

211



SEARCH

Search.WA211.org



In need of help? Dial the numbers 211
Monday - Friday

See website for hours and holiday closures



TEXT

your zip code to
898211



DIAL

211



SEARCH

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