

2.1.1



Get Connected. Get Help.™

In need of help? Dial the numbers 211 to connect to a bilingual community information and referral specialist who can help you find a number of services. Your call is free, live, and confidential.



BASIC NEEDS

- * rental & utility assistance
- * food pantries SNAP
- * temporary shelter
- * transportation

Take a Fresh Look



HEALTH CARE

- * health clinics & screening services
- * counseling & addiction services
- * dental clinics & assistance
- * specialized treatment



FAMILY RESOURCES

- * individual & family support groups
- * volunteer opportunities
- * child care & children's services



SPECIALIZED NEEDS

- * disability support & advocacy
- * legal
- * employment
- * TTY & Interpreter services for 140+ languages available

You can also search for services at www.wa211.org or text your zip code to 898211 to have service information sent to your mobile device.

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Washington



* dial **877-211-WASH (9274)** if you have trouble connecting using the numbers 211.

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Washington



In need of help? Dial the numbers 211 or 877-211-WASH (9274)



TEXT

211WAOD to 898211



DIAL

211



SEARCH

www.wa211.org