Get Connected. Get Help.™

In need of help? Dial the numbers 211 to connect to a bilingual community information and referral specialist who can help you find a number of services. Your call is free, live, and confidential.

BASIC NEEDS
* rental & utility assistance
* food pantries SNAP
* temporary shelter
* transportation

HEALTH CARE
* health clinics & screening services
* counseling & addiction services
* dental clinics & assistance
* specialized treatment

FAMILY RESOURCES
* individual & family support groups
* volunteer opportunities
* child care & children’s services

SPECIALIZED NEEDS
* disability support & advocacy
* legal
* employment
* TTY & Interpreter services for 140+ languages available

You can also search for services at www.wa211.org or text your zip code to 898211 to have service information sent to your mobile device.

* dial 877-211-WASH (9274) if you have trouble connecting using the numbers 211.