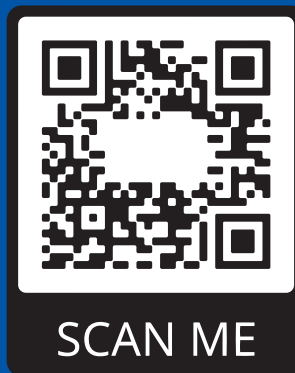




Get Connected. Get Help.™



In need of help? Dial the numbers 211 to connect to a bilingual community information and referral specialist who can help you find a number of services. Your call is free, live, and confidential.



BASIC NEEDS

- * rental & utility assistance
- * food pantries SNAP
- * temporary shelter
- * transportation



HEALTH CARE

- * health clinics & screening services
- * counseling & addiction services
- * dental clinics & assistance
- * specialized treatment



FAMILY RESOURCES

- * individual & family support groups
- * volunteer opportunities
- * child care & children's services
- * holiday assistance



SPECIALIZED NEEDS

- * disability support & advocacy
- * legal
- * employment



LANGUAGE SERVICES

- * trained bilingual I&R specialists,
- * TTY & interpreter services for 140+ languages



TEXT

your zip code to
898211



DIAL

211



SEARCH

www.wa211.org



Washington



For more information go to wa211.org or dial 877-211-WASH (9274) if you have trouble connecting using the number 211

